Dr. Steger's UL1TMATE Martial Arts Presents

Gulf Coast Martial Arts Championships Saturday May 7, 2011

Mobile, Alabama

For more information call (251) 660-8885 *email doctorsteger@aol.com

EVERYONE IN YOUR SCHOOL IS INVITED!

Pre-Registration FEE: \$45.00-1 or 2 events: \$15.00 for each additional event. Day of event \$50.00 Registration fees are non-refundable. Cash only, No checks please. Competitors may register up till 9:00am. Musical Weapons begins at 8:30am Pre-Registration ends April 30th

Competitors are responsible for listening for their divisions to be called. Tournament directors reserve the right to merge divisions by age, rank, or weight.

SPECTATORS: General admission is \$5.00 for adults, Age 5 and under. FREE!

ELIGIBILITY: All competitors must be in a well-established martial arts school or club. Tournament is by invitation only; phone (251) 660-8885 for clarification.

Competitors must get their own instructor's permission before entering this event.

EQUIPMENT: Competitors must wear proper uniform. Those sparring must use gloves, boots, headgear, mouthpiece, and cup (males only). Competitors may borrow gear from others if needed.

REGULATIONS: Forms: Traditional 1-10 point scale. Sparring: Five points or most points at the end of two minutes (whichever comes first) to win, Punches -one point for the body or headgear. Head kick - 2 points. Close contact to head or light contact to the body. No contact to the face, top of head, neck, back, or below the belt.

BLACK BELT MEETING: Judges and referees meet at 8:30AM; Proper uniform is required for all Black Belts!

DIVISIONS: Determined by rank, age, sex, size, and time in training. Ages 14-17 females may choose to compete in Women's division instead of Junior. Tournament directors reserve the right to merge divisions according to the number of competitors. Competitors may not compete in more than one forms or sparring division. Unsportsmanlike conduct will result in disaualification.

Division break-down is as follows:

Beginner: white, yellow, orange (under 12 months of training) **Intermediate**: green blue, purple (13-24 months of training)

Advanced: red, brown (2-3 years of training)

Black: black belts (3 years up) **Senior Division** 35 years & up **Master's Division** – 5th Dan and up

SCHEDULE OF EVENTS: 8:00AM registration begins

8:30AM black belt meeting - Al I black belt judges must be in proper uniform (Gi)

8:30AM musical and weapons (Musicals open to black belts only.) (Weapons open to red, brown and black belts only) 9:00AM adult black belt forms will be first

10:00AM adult under- black belt competition begins

11:00AM junior competition begins

12:00 adult black belt sparring/ Grand Championship competition

Directions from I-10 take Airport Blvd Exit North to University Blvd. go left ½ mile to Grelot Rd. go right ¾ mile to Christ United Methodist Church on left. Park on right side of church and enter side doors to tournament. Church Address - 6101 Grelot Rd. Mobile, AL 36693

Registration Form May 7, 2011

Gulf Coast Martial Arts Championships

INSTRUCTIONS: Please read all information carefully. Must print legibly. Waiver of injury must be signed. All events must be correctly entered. Failure to complete all instructions will result in an unprocessed application.

Information: Call (251) 660-8885

REGISTRATION: Contestants may register at the door the morning of the tournament. Competitors may register up to the time of event. For example, children can register up to 9:00. Instructors may preregister students, deadline is April 30th.

Pre-Registration – Money order only - Day of Event – Cash only – NO Checks! Pre-Registration Fees: \$45.00 for 1-2 events, \$15.00 for each add div. Day of event \$50.00 Spectator Fees: Adults - \$5, Children age 5 and under – FREE!

Name		Age	Sex	
Months/Years Training	Rank		<u> </u>	
Address	City,State	,		
Zip				
Phone	email			
Instructor				
Phone				
Studio street address			, State	
Zip		•		
Please check all events in wi	hich you will be com	peting:		
Forms Sparring Music Weapons (Red, Brown, Black Be		nly)		
DIVISIONS: Determined by rank, age, sex, instead of Junior. Tournament directors reserve compete in more than one forms or sparring div	the right to merge divisions accord	ding to the numb	er of competitors. Competit	
Division break-down is as foll	lows: Age Breakdowi	n as follow	s:	
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Intermediate: green, blue, purple				
Advanced: red, brown (2-3 yearsBlack: black belts (3 years up) Se				
BIGCK. DIGCK Dells (3 years up) 3e	mior black bell 33 years &up	Masiei Divisio	on 5 " Dan & up	
Liability Waiver: Read and sign below: All minors under 18 must have parent's signature. The acknowledges that competition in the tournament is hereby waives any claim of accidental and negliger any officials, employees or building owner connecte assumption of risk of whatever nature resulting in par condition hereby certifies that he/she is mentally, empictures, video tapes, media coverage, statements, time.	s physical and participation can cause int tort damages or injuries against the ed with the organization or promotion o ticipation. Additionally, participant ac notionally, and physically fit to compet	e serious injury and Gulf Coast Martial of the Gulf Coast M knowledges that h te. Lastly, participa	even death to the participant Arts Championships, Dr. Jimmy Iartial Arts Championships and e/she is fully aware of his/her p nt waives compensation what	t. The participant y Steger, participants, d expressly assumes an personal medical soever for use of
Signature	*must be sign	ed by adult /g	juardian Date	